



Learn to Ride

A ranger will help you learn how to ride your bicycle without training wheels.

Thursday, September 8

5 pm to 7 pm

Sunday, September 25

9 am to 11 am

Thursday, September 29

5 pm to 7 pm

Saturday, October 1

9 am to 11 am

Sunday, October 23

2 pm to 4 pm

Saturday, November 5

9 am to 11 am

1 pm to 3 pm



Learn to Ride introduces an effective and low-stress way to learn to ride a bicycle. Using a “balance first” method, kids will learn how to ride independently. This program helps young riders to be more comfortable while teaching both parents and children an easy biking technique.

- Program space is limited. Advance registration is required.
- Parent participation and support are essential. At least 1 adult per 2 children.
- Participants must be 5 years old or over.
- Participants must bring a bike & a proper-fitting helmet.
- The cyclist must be able to rest his or her feet flat on the ground when sitting on the bicycle seat.

Learn to Ride is free!

Call **703-289-2553** for more information or to register for this program.